

★ CAMP ★ SPA23 Breakfast

\$5.50/day or \$25/week

Who has time to cook in the busy morning?

Let our Camp Breakfast do the work for
you!



Choices:

Mini Bagel

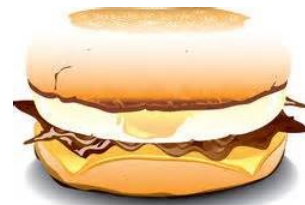
Mini Pancakes

Breakfast Sandwich

(egg, cheese, and sausage)

All Breakfasts
includes:

Fruit Cup,
Orange Juice or
Water



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Breakfast served daily to our before care campers at 8am.

Can be preordered when you sign up or let us know
that morning!

For more information, please call Member Services
at 973-839-8823.

Daily Lunch

\$8/day

or

\$39/week



Lunches are
ordered daily
and
delivered
fresh to

Monday: Hotdogs



2 hotdogs made at a local restaurant and delivered fresh. Ketchup and Mustard available.

Tuesday: Turkey & Cheese Sandwich

Made fresh on whole grain bread.



Wednesday: Hamburger



1 hamburger served on a bun, made at a local restaurant and delivered fresh. Ketchup available.

Thursday: Chicken Nuggets



6 nuggets made at a local restaurant and delivered fresh. Ketchup available.



Friday: Pizza

2 slices of a large pizzeria delivered cheese pizza.



All lunches include choice of chips or fruit cup.

Choice of Capri sun or bottled water and an Ice pop for dessert.

****Alternatives available: Peanut Butter and Jelly, Turkey, Turkey and Cheese, Salad****



Bonus Programs

Monday thru Thursday during camp hours.

ALL levels welcome!

CAMP Swim Lessons Weeks 1 thru 10 \$69

Taught by a Certified Swim Instructor. CAMP Swim Lessons are for all abilities. Campers are assessed to determine level.

Math Skills Refresher Weeks 2 thru 9 \$29

Overlooked by a CAMP counselor. Great for grades 1-4. Don't let your Child's math skills decline over the summer. Our program keeps your camper using their math

Yoga For Kids Weeks 3/ 5 / 7/ 9 \$29

Campers experience a playful and fun approach to yoga. Yoga increases flexibility, strength and coordination.

Speed & Agility Weeks 2 / 4 / 6 / 8 \$29

Led by a Certified Personal Trainer, this program increases your child's motor skills refining agility to increase speed and mobility.

Dance & Movement Weeks 4 & 7 \$29

Introduce your child to the love of dance. Each day your child is introduced to styles of dance, including salsa, hip hop and more.

Martial Arts/Kickboxing Weeks 2 thru 9 \$29

Youth kick boxing classes include cardio calisthenics which include learning the proper form of punch, kick, and elbow strikes, along with partner drills in addition to core strengthening exercises.



SWIMMING LESSONS

★CAMP★
SPA23

\$ 69 a week

Available all 10 weeks!

Taught by certified PV Park Lifeguards.

For beginners, intermediate, and advanced swimmers.

All campers are assessed at the beginning of each week to determine



Kids have the best summer at CAMP Spa 23!

**Add to their special memories with a
birthday celebration at CAMP**

Price: \$49

Your child will be named
the "Assistant of the Day."

They will receive a Birthday pin, hat and
balloons. Along with fun prizes
throughout the day.

Their whole group will enjoy cake at the
end of the day.

Pictures of your campers day will be mailed
to your home.

**Please contact Member Services to book your birthday
celebration at**

973-839-8823 or campspa23@spa23.com

