



CROSSFIT Kids

Forging the Future of Fitness

6 WEEK SESSION

Tuesday

Ages 6-8 5:00 - 5:30pm

Ages 9-12 5:30 - 6:00pm

and

Thursday

Ages 6-8 5:00 - 5:30pm

Ages 9-12 5:30 - 6:00pm

BEGINNING JULY 24TH

Member: \$199 Per Child

Guest: \$219 Per Child



Class Size Is Limited ~ See Member Services for additional information

SPA23
FITNESS AND LIFESTYLE

Pure
massage

BEYOGA
TRADITIONAL & HOT YOGA

CrossFit
PEQUANNOCK

CAMP
SPA23

973.839.8823 | 381 Route 23 | Pompton Plains, NJ
www.Spa23.com | open 24 Hours