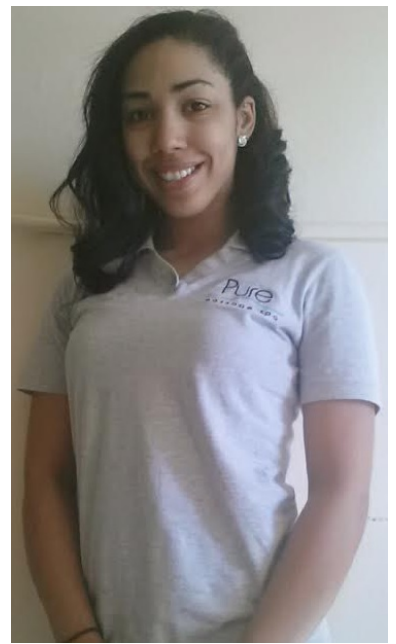


Alba attended the Fortis Institute in Wayne, NJ. Some of her specialties are Swedish massage and hot stone massage. Her favorite massage to give is a Swedish massage. Alba decided to become a massage therapist because she really enjoyed the first massage she had gotten. After speaking with the massage therapist she learned how well the career could benefit others.



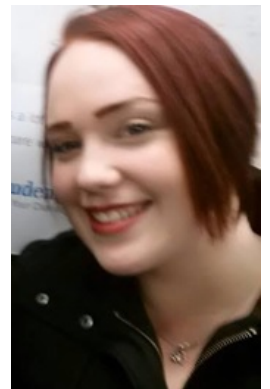
Alba

Caroline attended The Institute for Therapeutic Massage in Haskell, NJ. She specializes in therapeutic Swedish massage, hot stone massage, and reflexology. Caroline's favorite style of massage is medium pressure, relaxing Swedish with medical techniques on problem areas.



Caroline

Casey studied massage at Anthem Institute in Parsippany. Her specialties include: deep tissue massage, trigger point therapy and reflexology. Casey's preferred type of massage to give is an integrated Swedish massage. Casey's main goal while working with clients is focusing on relieving pain and assisting in the body's natural healing abilities. She was inspired to be a massage therapist because her mother had a lot of back issues. When her mother asked her to massage her back she realized she had a knack for it. Casey plans on furthering her education in the medical field. She will never stop practicing massage because she enjoys helping people manage their pain.



Casey



Cassandra

Cassandra attended Fortis Institute in Wayne. Her favorite styles of massage are deep tissue, sports massage, and therapeutic Swedish massage. Cassandra chose to be a massage therapist because making her clients feel better after a massage and watching their progress gives her satisfaction. She likes making a difference in the lives of her clients.

Chloe attended Cortiva Institute of Massage. She specializes in deep tissue, Swedish, myofascial, sports massage, and craniosacral therapy. She prefers to give a medium to firm massage while integrating other techniques to benefit her clients. Chloe chose massage therapy as a career because it's a great way to help people recover from physical and emotional injury.



Chloe

Jessica graduated from The Institute of Therapeutic Massage in Haskell, NJ. Her specialties are reflexology and focused trigger point therapy. Her favorite styles of massage to give are therapeutic Swedish incorporating hot stones, and sports massage. She enjoys helping people with their problems, making them feel better, and enjoys relieving the stress from their everyday lives. Jessica believes that massage therapy combined with exercise and stretching can lead to a healthy, feel-good lifestyle!



Jessica

Julia attended Fortis Institute. She specializes in therapeutic Swedish massage, deep tissue, and reflexology. Julia chose massage therapy as a career because she wants to make everyone feel refreshed and help people relieve the stress that comes from their busy lifestyles.



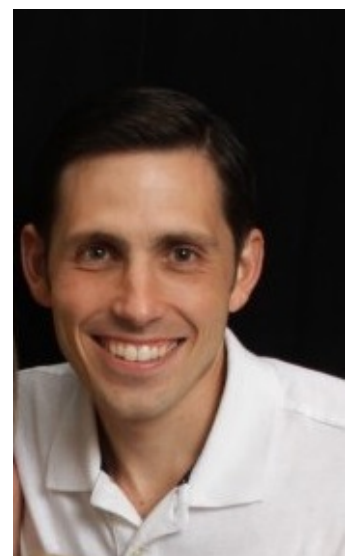
Julia

Mario graduated from Fortis Institute. His specialties include Pacific massage modalities, sports massage and medical massage. His favorite kind of massage to give is Hawaiian Lomi Lomi. Mario chose massage therapy as a career because he is interested in the medical field. He is currently going to school for a biology degree and plans on enrolling in medical school to become a physiatrist (also known as physical medicine and rehabilitation).



Mario

Michael attended The Institute of Therapeutic Massage in Morristown, NJ. His favorite type of massage is medically focused to promote injury recovery. He feels that “clients looking for pain relief should receive medical massage. It’s the best way to manage pain along with proper stretching.” Michael specializes in orthopedic massage, medical massage and sports massage. Orthopedic massage is making sure the body is in alignment. It promotes range of motion in all joints throughout the body. Medical massage restores muscles back to their normal resting position. He chose to become a massage therapist because he “liked the ability to help people manage pain.” Michael injured his back and got a massage one day and immediately after the session he was hooked. He chose to change his career as a tradesman to help other people manage pain holistically.



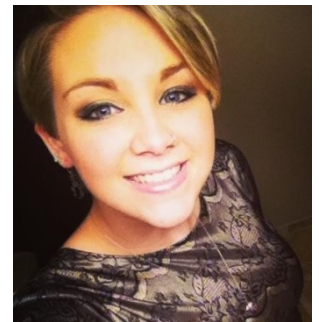
Michael



Natasha

Natasha graduated from Fortis Institute. She enjoys giving a medium to firm massage and focusing on problem areas. Her specialties include myofascial release and trigger point therapy. She was inspired to become a massage therapist after her cousin had a diving accident in which he sustained a severe neck injury. She enjoys helping people improve their mental and physical health. Natasha feels that “touch is important because it’s a form of nurture everyone needs.”

Samantha studied at The Institute of Therapeutic Massage in Haskell, NJ. Her specialty is Sports massage and she enjoys giving therapeutic Swedish and Deep Tissue massage. She became a massage therapist because it’s something she’s wanted to do since she graduated high school. Receiving massage helped her relax so she decided she wanted to help other people relax and feel at ease; the same way she feels after a great massage.



Samantha