

Sensei Andrew Lee



Martial Arts Director

As a 4th degree black belt in Shorin-Ryu Karate-Do and a 1st degree black belt in Okinawan Kobudo, Sensei Andrew has been training in martial arts for the past 14 years.

Before coming to the Academy of Martial Arts, he taught as an Assistant Instructor at Herten Family Martial Arts and helped his main teacher instruct the Advanced Junior class, ages 8-12. Now the Director of Martial Arts at Spa 23, Sensei Andrew leads classes by teaching students of all ages practical self-defense they can use in real-life situations.



Additionally, as an anti-bullying activist and author, Andrew's passion to help increase student's self-esteem and self-confidence is reflected in his classes. His pragmatic approach to martial arts allows students to memorize simple self-defense techniques to use in school and the street.