



Private Yoga Training

*Work one on one with an in house
Yoga specialist. Achieve greater flexibility,
Improve Stress management, Align your
breathing technique, achieve inner peace*

Sessions 45 Minute Sessions

1 Session	\$50*	each session
3 Sessions	\$45*	each session
7 Sessions	\$40*	each session

**Non-Member add \$5 per session*

*Two Train
For Less.*

*Sign up to train
With another
Person and you
Will each save
\$10.00 per
Session.*

Call for details.

All Private yoga Sessions must be used within 90 days of Purchase

Cancellations for Yoga Sessions must be given 24 hours in advance or will be charged.

Spa 23
Health & Racquet Club

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